



Social Skills for 8 - 12 year olds

Learning for Life Autism Centre's Secret Agent Society is a small group social skills program for 8-12 year olds to help them develop skills in emotion regulation, developing friendships and navigating social challenges.

It is suitable for autistic and other neurodivergent children as well as those who have difficulty managing their behavioural responses. Your child will work in small groups based on their age and goals, under the guidance of our Clinical Consultants.

NDIS funded. No diagnosis needed.

Your child will work through how to:

- recognise emotions in themselves and others
- express feelings in appropriate ways
- start, continue and end conversations and play activities with others
- cope with feelings of anger and anxiety
- tell the difference between friendly joking and mean teasing
- manage bullying
- cope with making mistakes
- handle new situations and ask for help when needed

We support the

ndis

 **9853 4607**  **enquiries@learningforlife.com.au**
www.learningforlife.com.au/secret-agent-society



Learning for Life
AUTISM CENTRE INC
20 years